

Dacotah Recovery Center  
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# November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10a Price is Right 11a Member Meeting 1pm BINGO
4 10a Price is Right 11a Food/Nutrition Management -Deb 2p Tobacco Support Group Topic Discussion	5 10a Price is Right 2p Cards	6 10a Price is Right 1p Make It OK to Talk About Mental Health and Illnesses 4p Book Club Atomic Habits	7 10a Price is Right 1p Pinochle Club	8 10a Price is Right 11a Support Group Topic Discussion 1p Movie Club "Inside Out 2"
11 <b>CLOSED FOR VETERANS DAY</b>	12 8a My Mental Health - Looking After Me-Zoom 10a Price is Right 2p Pool with Friends	13 10a Price is Right 2p Talking Circle 3p Healing Hearts Monthly Grief Support Group Zoom	14 10a Price is Right 1p Pinochle Club	15 10a Price is Right 11a Support Group Topic Discussion 1p-4p Arts and Crafts
18 10a Price is Right 2p Tobacco Support Group Topic Discussion	19 10a Price is Right 12p Understanding Social Anxiety 2p Let's Play Air Hockey	20 10a-11:30a Advocacy Training Via Zoom 12p Thanksgiving PotLuck and Games	21 10a Price is Right 1p Pinochle Club	22 10a Price is Right 11a Support Group Topic Discussion 6p Bobcat Hockey Watch
25 10a Price is Right 2pm Tobacco Support Group Topic Discussion	26 9a Navigating Boundaries and Triggers 10a Price is Right	27 10a Understanding Schizoaffective Disorder 2p Talking Circle	28 <b>CLOSED FOR THANKSGIVING</b>	29 10a Price is Right 11a Support Group Topic Discussion 1p Movie Club "Grumpy Old Men"