

February 2024

Dacotah Recovery Center
 522 W Arbor Ave.
 Bismarck, ND 58504
 Phone: 701-255-6402

NEW HOURS:
 Mon -Thurs 8a-4p
 Fri 12p-6p
 Sat 11a-3p



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 10a Price is Right 1p Facts About Healthy Lifestyle	2 1p Member's Meeting 4:30p Peer Support	3 12p Dart Tournament
4	5 10a Price is Right 11a Narcan Training w/ Jodie 2p UNO	6 10a Price is Right 2p Empowering Conversations	7 10a Price is Right 2p Womens Group	8 10a Price is Right 1p Managing Stress	9 12:30p Lunch Outing 4:30p Peer Support	10 12p BINGO
11 Super Bowl Party! 4p-9p 	12 10a Price is Right 11a Wellness w/ Deb 2p Farkle	13 10a Price is Right 2p Empowering Conversations 2	14 10a Price is Right 1p Valentines Day Party! WEAR RED!	15 10a Price is Right 1p Relapse Prevention	16 1p Member's Choice 4:30p Peer Support	17 12p SKIPBO Tournament
18	19 CLOSED 	20 10a Price is Right 2p Empowering Conversations 3	21 10a Price is Right 2p Womens Group	22 10a Price is Right 1p Psychiatric Symptoms - What causes them?	23 1p Order In! 4:30p Peer Support	24 12p Pinochle Tournament
25	26 10a Price is Right 11a YMCA 360 2p Chess	27 10a Price is Right 1p Nursing Grp 2p Empowering Conversations 4	28 10a Price is Right 2p Womens Group	29 10a Price is Right 1p Importance of Social Support	1	2
3	4	Dacotah Recovery Center Activity Calendar Information *Lunch will be served daily and there will be breakfast items available. Please sign up for lunch. *Please save money for outings and trips. *The activity calendar and meals are subject to change at anytime.				