

Dacotah Recovery Center  
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# AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 8:15a Breakfast at the Dream Center & sack lunches & Closet 701 1p Review Fire Drills and Severe Weather Policy 2p Pinochle Club	2 11a Ruby Tuesday Lunch Outing 1p Members Meeting & Cake
5 11a Wellness w/ Jodie 1p Bingo 3p Peer Support	6 Zoo Outing & Heritage Center with Jamestown and Dickinson Centers! Pending lunch plans	7 9a Morning walk 2p Talking Circle	8 11a Food on 4th! Food Trucks, Vendors & Entertainment 1p Outing to find Community Resources 2p Pinochle Club	9 12p Open Kitchen 1p Yard games and ice cream
12 11a Wellness w/ Deb 1p Foosball Tourny 3p Peer Support	13 8:30a Peer Support 1p Problem Solving 2:30p Kings in the Corner	14 9a Morning walk 2p Talking Circle	15 9a Breathing Techniques 1p Community Resources 2p Pinochle Club 5:30p - 9p Supper @ Dream Center & music @ Sibley	16 12p Open Kitchen 1p Trivia! 4:30p Festive Friday @ Dykshoorn Park - FREE hot dogs & activities
19 11a Healthy Meal/lunch 1p Pool Tourny 3p Peer Support	20 8:30a Peer Support 1p Problem Solving 2:30p UNO	21 9a Chair Yoga 2p Talking Circle	22 9a Mindfulness 1p Community Resources 2p Pinochle Club	23 12p Soup Kitchen & cruise through the park
26 11a Healthy Meal/lunch 1p Dart Tourny 3p Peer Support	27 8:30a Peer Support 1p Problem Solving 2:30p Chess	28 8:15a Peace Gardens outing	29 9a Grounding Activity 2p Pinochle Club 4p Picnic to Celebrate the End of summer!	30 11a Movie & Popcorn!

Please sign up for activities at least 24 hours in advance. We will need at least 4 members signed up to go on outings.

Keep an eye out for the time of the outings, some are in the evening.

Lunch is available M-F at the center from 12p-12:45p; please sign up for meals 24 hours in advance to ensure there will be enough food made.