

Check out our Dacotah Recovery Center facebook page and follow us.

DRC client line: 255-7846 Staff: 255-6402

February 2022

If you'd like to come to our Friday movies, please call Joy and put your name on the list.



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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|----|--|--|--|--|---|----|
| | | 2pm Ymca (swimming & Hardees, they have \$5 specials or your choice. Pay for own) | 11am Katie, our dietician 11:30a Spirit of Life for food baskets & sack lunch | 11:30am-1pm Music Art and grief (virtual) Peer Support | 11am Movie @ DRC "GROUND HOG DAY" 2-4p music therapy | |
| 6 | 11am Mental Health treatment works (SAMSHA -Recovery grp) | 1pm Members meeting & movie @ Grand (pay for own) | 11am Spirit of Life for food basket & sack lunch | 11am Peer Support 12pm Valentine candy toss | 11am Movie @ DRC 2-4p Music therapy | 12 |
| 13 | 11:30a Valentine Bingo 1pm Deb from NDSU | 1pm NDSU nurses 2pm Shopping & Jimmy Johns (Pay for own) | 11am Jodie, our nurse from Custer Health 11:30a Spirit of Life for food basket & sack lunch | 11am Peer Support | 11am Movie @ DRC 2-4p Music therapy | 19 |
| 20 | President's Day DRC closed | 11am Join CFN/Siobhan with Dr. Etherington for Q & A on Zoom. 2pm KFC and movie @ Grand | 11am ADHD in adults Recovery group | 11am Peer Support | 11am Movie @ DRC 2-4p Music therapy | 26 |
| 27 | 11am Behavioral Health/You're not alone. Sanford. Recovery Grp | <p>Wednesday's Peer Support group: Meet at DRC by 4:30pm. Please let Tom know ahead of time if you'll be going with him or driving). Thanks.</p> <p>Feb 2: <u>McDonalds (north one on State street)</u></p> <p>Feb. 9th: <u>Bruno's pizza</u></p> <p>Feb 16th: <u>Rock'n 50's</u></p> <p>Feb. 23rd: <u>Chickfila</u></p> | | | | 28 |

Superbowl LVI. We will NOT be open but you can watch it on NBC @ 5pm. Sign up for the contest.

Superbowl contest: guess the winning team and score