

August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	9am-11am Dice and/or cards 11am Color Therapy with music (Recovery grp)	2pm Lunch @ Buffalo Wild wings & movie @ Grand (Pay for own movie & meal)	11am Katie, our dietician 11:30 Spirit of Life for sack lunch and food baskets	11am Peer support 12pm Urban harvest "Rainbow Fish" musical (Bring \$ for lunch)	9a-11a Dice and/or cards 11am Movie @ DRC 1p-2p Music therapy	7	
8	9a-11a Dice and/or cards 1 pm Deb from NDSU (Recovery grp)	2pm Members mtg 2:30pm Ruby Tuesday & shopping	9am Trip to Medora for the day (be @ DRC by 8:30a) . Bring \$ for lunch and supper.	11am Peer Support (Tom and Orla at Mtg all afternoon for Recovery Centers)	9a-11a Dice and/or cards 11am Movie @ DRC 1p-2p Music therapy	14	
15	9am-11am Dice and/or cards 1pm Bingo	[REDACTED] 2pm Krolls & movie @ Grand (Pay for own meal)	No Spirit of Life 1pm Jodi, our nurse from Custer Health (Recovery group)	11a.m Peer Support 11:30am Spirit of Life for lunch and food basket	9a-11a Dice/or cards 11am Movie @ DRC 1p-2p Music therapy	21	
22	9am-11am Dice and/or Cards 11am Color Therapy (Recovery Group)	12pm Lunch @ Rolling Hills & go to Salem Sue and Dollar General in New Salem	11am Spirit of Life for lunch and food baskets	11am Peer Support 1pm Music for relaxation	9a-11a Dice and/or cards 11am Movie @ DRC 1p-2p Music therapy	28	
29	9a-11a Dice or cards 1pm Recovery Grp "Sleep Deprivation" and how it affects our	2pm Culvers and Movie @ Grand (Pay for own meal)	<p><u>Wednesday night Peer Support group: Be at DRC by 4:30pm. Tom will bring you home.</u></p> <p><u>Aug 4th: Pick up meal @ McDonalds and Norwegian golf @ park or DRC (check with Tom)</u> <u>Aug 11th: No evening group/day trip to Medora (sign up soon, seats limited)</u></p> <p><u>Aug 18th: Bruno's (use coupons) and meeting at Bruno's.</u></p> <p><u>Aug 25th Sertoma amusement park (bring money for concessions (food truck) and for miniature golf or batting cage) .</u></p>				31